



Notre Dame Youth Baseball Camp

July 25-27

Cost \$60.00 per camper - Family of 2 or more = \$50 per camper



Our camp will offer individual and group instruction in all phases of the game of baseball. Our staff will provide proper instruction and drills to enhance the skill level of each individual. Campers will be instructed in fundamentals including: hitting, pitching, infield, outfield, catching, base running, bunting and sliding.

Camp Features

- 3 days of camp 8:30am- 12:30pm
- Grades 1st - 8th
- Camp T- shirt

OUR VISION

- To create an atmosphere and environment for all players to learn and develop their natural baseball abilities.
- To help each player reach their maximum baseball potential through hard work, dedication and knowledge of the game.
- To help each player elevate their baseball career to its highest potential level through attitude, personal and physical development.

Things to Bring

- Baseball Hat
- Glove
- Cleats
- Sneakers
- A baseball bat (*if you have one*)
- POSITIVE ATTITUDE

** Notre Dame Baseball is not responsible for lost equipment**

A Typical Day at Camp Daily Schedule:

- 8:30 - 9:00= Group Stretching & Throwing
- 9:00 - 9:15 = Large Group Instruction
- 9:15 - 10:45 = Age Group Drills or Skill Rotations
- 10:45 -11:00 = Morning Break
- 11:00 -12:15 = Competition & Mini Games
- 12:15 - 12:30 = Camp Speaker

Camper's Name _____ Age _____

Address _____ City _____ State _____ Zip _____

Phone # _____ Email _____

SHIRT SIZE (circle one) Youth Sizes: S M L Adult Sizes: S M L XL

I hereby authorize the staff at Notre Dame Baseball Camp to act for me according to their best judgment in an emergency requiring medical attention. I hereby waive and release them from any and all liability for any injuries or illness incurred while at camp. I have no knowledge of any physical impairments that would be affected by the above named camper's participation in the program as listed in the brochure.

Parent/Guardian (Print) _____

Parent/Guardian (Sign) _____

Work Phone _____ Cell _____ Emergency _____

Make Check Payable to: Notre Dame Baseball

Contact: Jake DerCola,(315) 724-5118 ext 14, jdercola@syrdiocese.org

Mailing address: 2 Notre Dame Ln Utica, NY 13501