## SEPTEMBER

## Notre Dame Jr/Sr High School

Notice Daille 11/31 High School				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LUNCH PRICE IS FREE WHEN 3 of the 5 components are cho GRAIN MEAT/MEAT ALT. MILK VEGETABLE FRUIT	sen:  (one component chosen  MUST be fruit or Vegetable)	French Toast Bacon Corn Fruit	Chicken Nuggets Soft Pretzel Stick French Fries* Fruit	<b>5</b> Cheese Pizza Corn Fruit
Pancakes Sausage* Hash Brown Fruit	9 Chicken and Cheese Quesadilla Salsa* & Sour Cream* Carrots Fruit	10 Macaroni & Cheese Corn Muffin Green Beans Fruit	<b>11</b> Hot Dog* on a Bun  Broccoli  Fruit	12 Cheese or Garlic Pizza Edamame Fruit
Chicken & Broccoli Pasta Fruit	16 Orange Chicken over Vegetable Fried Rice Edamame Fruit	17 Grilled Cheese Tomato Soup* Fruit	18 Hamburger* or Cheeseburger* on a Roll Corn Fruit	Cheese or Pepperoni Pizza Roasted Brussels Sprouts Fruit
Bacon Egg & Cheese on English Muffin Green Beans Fruit	Chicken Patty on a Bun (Plain or Spicy) Mashed Potatoes Fruit	<b>24</b> Garlic Butter Pasta Sautéed Spinach Fruit	<b>25</b> Meatball Sub Carrots Fruit	Cheese or Chicken Bacon Ranch Pizza Roasted Chickpeas Fruit
Beef Nachos* Cheese* Salsa* & Sour Cream* Fruit	Chicken Nuggets Corn Muffin Carrots Fruit		Milk: \$0.75 Water: \$1.50 us	